



MEDICALISED DETOXIFICATION PROGRAM (7, 14 OR 21 NIGHTS)

The Leukerbad Clinic: detoxify your organism and strengthen your immune system!

Detoxification programmes at the Leukerbad Clinic offer a unique possibility for all-round detoxification of your organism. Over time, the organism accumulates toxic metabolites, unsaturated fats, heavy metals, etc. These substances build up in the organism and can have biochemical or cellular effects, which can trigger the onset of pathologies. Their elimination is therefore essential.

Detoxification Programmes at the Leukerbad Clinic also strengthen the immune system, improving resistance to attacks from outside and aiding recovery after certain health problems. Medicalised detoxification treatment has been developed using synthetic products, which have the property of draining harmful substances from the body. To achieve the best possible results, medicalised detoxification should be accompanied by a detoxifying and hypotoxic diet.

Your stay at the Leukerbad Clinic will allow you to benefit from natural elements favourable to the regeneration of your body such as the pure Swiss mountain air, an ideal altitude, and thermal water swimming pools naturally rich in minerals. The serenity of the surroundings provides the assurance of complete discretion.

WHO THESE PROGRAMMES ARE FOR:

Detoxification programmes at the Leukerbad Clinic are intended for anyone wishing to eliminate toxic substances and metabolic residues, stimulate cellular detoxification, and strengthen their organism's natural defences.

CONTENT OF THE PROGRAMMES:

Before your arrival at the Leukerbad Clinic, a doctor and a female coordinator plan the details of your pro-

gramme. On your arrival at the clinic, a consultation with the doctor based on medical imaging tests, laboratory analyses and a clinical examination allow the complete personalisation of your stay.

HEALTH CHECK-UP

- ✓ Health check-up: comprehensive medical questionnaire and medical history
- ✓ Medical consultations with the doctor in charge
- ✓ Dietetic and nutritional evaluation
- ✓ Full blood test: metabolic, hormonal, toxicity, oxidative stress
- ✓ Full test for intoxication by heavy metals
- ✓ Electrocardiogram and chest and abdomen X-rays

TREATMENTS AND THERAPIES

- ✓ Healthy diet with detoxifying and hypotoxic properties offered by our gourmet restaurant LA TABLE DE GOETHE
- ✓ Medicalised chelation
- ✓ Micro nutrition
- ✓ Personalised additional treatments, such as perfusions, injections and tablets to strengthen detoxification and elimination (as prescribed by the doctor)
- ✓ Food supplements
- ✓ Therapeutic treatments, such as relaxing massages, hot wraps, body scrubs, lymphatic drainage and sessions with the therapist
- ✓ Intestinal hygiene: colonic hydrotherapy or other treatment
- ✓ Personalised programme of physical activities (aqua gym, swimming with fins, Nordic walking, hiking, stretching, etc.)

All treatments and other forms of care are administered by health professionals: nurse, physiotherapist, sports therapist, occupational therapist, masseur, and psychologist. Types of treatment prescribed and their



frequency are discussed with the doctor and planned individually, and constant medical supervision is assured. The complete medical record is forwarded to you as soon as possible after your departure from the clinic.

Doctors at the Leukerbad Clinic can organise tests and examinations on request for each programme, subject to additional cost.

HOSPITALITY AND SERVICES:

- ✓ Premium room or Suite with panoramic views of the Alps
- ✓ Telephone, safe, Smart TV and wireless Internet (Wi-Fi)
- ✓ All meals at LA TABLE DE GOETHE, our gourmet restaurant offering seasonal dishes and personalised service
- ✓ Concierge service
- ✓ 1 massage
- ✓ ALPNESS Thermal and Medical Spa: unlimited access to 20,000 square feet of wellness facilities:
 - Two thermal water swimming pools (indoor and outdoor)
 - Sauna, hammam, hydro-massage bath, tropical shower, ice fountain, relaxation and massage rooms
 - Training-based medical therapy centre (Fitness)

Massages, body and facial treatments are also available, subject to additional cost.

For more information, please contact our reservation department

E-mail: reservations@leukerbadclinic.ch
Phone: +41274725108

We look forward to welcoming you at the Leukerbad Clinic for your programme and will help you to achieve the best results for its completion!