

DETOXIFICATION PROGRAMMES

MEDICALIZED DETOXIFICATION (22 DAYS / 21 NIGHTS)

Medicalized Detoxification Programme Detoxification 22 days	22 days/ 21 nights	Examinations and treatments	Consultations with the doctor and medical supervision	Dietary provision	Detoxifying and hypotoxic diet
Arrive	Day 1	Medical questionnaire and medical history ¹		Detoxifying diet encouraging enterohepatic action to eliminate waste and toxins.	
Check-up	Day 2	Health check-up ²	Medical consultation: Interpretation of results	Calorie reduction.	
Detoxification	Day 3 to 21	Detoxifying treatments in the form of regular perfusions and therapeutic treatments ³ - intestinal hygiene	Constant medical supervision and monitoring of associated symptoms	Personalised supervision and dietetic-nutritional advice.	
Depart	Day 22		Medical consultation: end of programme assessment		

Medical questionnaire and medical history¹ : to be given to nursing staff on the evening of your arrival, to determine the specific programme you will follow during your stay.

Health check-up²: laboratory tests (metabolic, hormonal) and medical examinations (chest X-ray, ECG). Based on your results, the doctor may request additional examinations.

Detoxifying treatments³ : medicated chelation, according to medical prescription - detoxifying massages, sauna, etc.

For more information, please contact our reservation department

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We look forward to welcoming you at the Leukerbad Clinic for your programme and will help you to achieve the best results for its completion!